

APPLICATION PROTOCOL

AESTHETIC DERMATOLOGY TECHNIQUES FOR PROFESSIONAL FAT REDUCTION RESULTS

Application protocol developed in cooperation with Kursal Medical-Beauty Center (www.kursal.es) to enhance fat reduction and anticellulite effects of the innovative glo10 device.

This application protocol helps reproducing similar way of massage procedures done at Specialized Centers achieving professional results on the comfort of your home.

BODY EXFOLIATION PROGRAM

Dry brushing has many benefits for the skin, the body's largest organ. This exfoliating treatment stimulates circulation and the metabolism whilst leaving the skin free from dead cells, softer and smoother.

Glo910 achieves professional exfoliation results, faster and with less effort than manual treatments. Exfoliation removes dead cells, tones the body, activates lymphatic system and blood circulation, while relaxing and detoxifying, enhancing anticellulite treatment efficacy.



PERFORM THE TREATMENT:

- Using the **BODY BRUSH** head
- Use **LIFTING-CLEAN** for neck and neckline exfoliation
- Without creams, on dry clean skin
- Massage intensity: Adjust the intensity of exfoliation based on the condition of the skin, the body area and particular sensitivity.
- **SLIM Tech®** technology: Optional

The skin should always be brushed toward the heart, starting with the feet and moving up to the hips in the case of legs, and from wrist to shoulder for arms. Persist on rougher areas and be careful with sensitive areas. Adjust the intensity of exfoliation based on the condition of the skin, the body area and particular sensitivity.



Avoid damaging the skin through excessive exfoliation (once or twice per week is sufficient). Gently massage the entire area for 5 minutes.



Afterwards, it is advisable to shower and finish the shower with cold water, at least on the legs. Finish by applying a moisturizing cream or oil.



This treatment brings your skin to perfect conditions to use moisturizer and suntan creams, enhancing their results.

